



Senior News

**Programs & Services
for Active Senior Adults**

Parks & Recreation Department

Program Registration Office: Stow City Hall
3760 Darrow Road Stow, OH 44224
Monday-Friday 8:00am - 4:30pm
330-689-5100

May - June 2019

Program Registration Begins:
Wednesday, April 24 at Stow City Hall



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Serving Active Senior Adults

Program Information:

**Stow Parks & Recreation Department
Program Registration & Information**
3760 Darrow Road - Stow City Hall
330-689-5100

Stow Senior Center
3968 Darrow Road 330-686-1325

Senior Adult Programs
Kathy McConnell, Recreation Supervisor
kmccconnell@stow.oh.us

www.FunInStow.com



Upcoming Special Events

Wheel of Fortune Luncheon



Program Partner: Visiting Angels Living Assistance Services

This annual special event tests your puzzle solving skills! Spin the Wheel, buy a vowel or solve the puzzle. Prizes awarded to all puzzle solving contestants in our version of this popular game show! Contestants will be drawn from audience members who will compete at the Big Puzzle Board for fun & prizes!

Menu: Roasted Turkey, Mashed Potatoes with gravy, Green Beans, Dessert & Beverage

Friday, May 10 at 12:00pm Fee: \$9.00
Silver Springs Lodge 5027 Stow Road

Limited Seating - Register Early!
Pre-Register at Stow Parks & Recreation Department



Stow Parks & Recreation Dept. welcomes you to jump in and have fun!

Senior programs are open to all active older adults. Some of our programs are drop in with no registration; but most require advance sign up.

Don't delay many of our programs are quite popular and fill up fast.

Registration is taken at *Stow City Hall* Monday-Friday 8:00am-4:00pm

If you have questions please call the Stow Parks & Recreation Department

330-689-5100

Kathy McConnell

Recreation Supervisor
City of Stow Parks & Recreation



Popcorn Movie Dinner & A Movie

Why sit home watching TV when you can view a recent movie + have dinner in the company of friends at the Stow Senior Center.



Pot Luck Dinner prepared by the Culinary Arts Students at Stow Munroe Falls High School
Call Stow Parks & Recreation for title of movie at registration.



Monday, May 13 4:30pm Fee: \$7.00
includes dinner at Stow Senior Center
Pre-Registration is required. Limited Seating

Stow Striders Hiking Group



Seniors & Friends Hiking Group

Open to all who enjoy walking the paths of our local Summit Metro Parks trails. No need to hike alone again. We travel by bus to an easy to moderate trailhead with a Trail Leader who points the way!

New walkers are always welcome! Bus Fare \$3 / person

Each hike departs Stow City Hall: **Tuesdays 9:30am**

- Tues., May 7 Furnace Run Brushwood Area
- Tues., May 14 Goodyear Heights Alder Trail
- Tues., May 21 Liberty Maple Loop
- Tues., May 28 Freedom Trail Middlebury
- Tues., June 4 Munroe Falls Meadow Loop



Active Senior Adult Special Events & Programs

Game On! Pizza Party & Game Night



Pizza Party & Game Night

Fun, Food & Frivolity



Grab a slice or two of Pizza and ... Let the games begin! An evening of fun and friendship is planned with a variety of game tables set for your choice of play. We will set up a number of games to choose from or bring your own to share. We will also have a number of group games to get you warmed up and ready for fun.

Pizza, salad, sweet treat + beverages.

Friday, May 31 5:30pm Stow Senior Center
Fee: \$8.00 Pre-registration required

Itty Bitty Bits of Art Make it Take it Craft Project

An easy and fun project that will allow you to make and take home three unique contemporary magnets. You are certain to have a good time with Instructor, Cindy Cloud. Cindy will provide you with a variety of supplies to make each magnet one-of-a-kind mini artwork. Enjoy time spent with others and see that each piece will have it's own personality.



Monday, June 17 10:00am Stow Senior Center
Fee: \$5.00 Pre-registration required

Great Dancers of Hollywood Luncheon

An entertaining trip into the world of Hollywood and the great dancers that graced the Silver Screen. Memorable dance performances from the 1930's to the 1960's will be shown that will have you smiling and saying "I remember them!"



Menu: Meat Loaf, Mashed Potatoes, Green Beans, Dessert & Beverage

Friday, June 21 12:00pm
Stow Senior Center

Fee: \$9.00 Pre-registration required



Breakfast Buddies

This senior group visits a local restaurant to enjoy good conversation and a tasty breakfast!



Meet the group leader at the restaurant then order & pay off menu.

Pre-registration is required
Please Call 330-689-5100 for a seat reservation.

Third Friday of Month 9:00am

May 17	Isaly's	Stow
June 21	Michael's AM	Cuyahoga Falls
July 19	Wally Waffle	Tallmadge

Travel Lunch/*Dinner Bunch

Join us as we travel out of town each month to a new restaurant. Never eat alone, worry about traffic, directions or finding a place to park!



Pay your bus fare at registration.
Order & pay off menu day of trip.

Departure Time Lunch: 10:30am/Dinner: 5:30pm
from Stow City Hall Parking Lot
Park near center of lot

Bus Fare: \$10 / trip Limited Seating - Register Early!

Berea Depot Restaurant Berea
Mon., May 20 Or Weds., May 22 10:30am

***Royal Docks Brew Pub** Canton
Mon., June 10 Or Weds., June 12 5:30pm

***Bourban Street Barrel Room** Cleveland
Mon., July 22 Or Weds., July 24 5:30pm



Bunco Parties

Program Partner: *The Landing of Stow*

Bunco is a friendly dice game that is very simple to learn...

there are no decisions to be made, just pure luck and loads of fun.

The object of the game is to accumulate points as you roll the dice in certain combinations. Small prizes will be awarded for most wins, most buncos and more! Coffee, Tea & Dessert

Full Friday, May 3 or Friday, June 7 1:00pm

Fee: \$5.00/date Stow Senior Center
Limited Seating - Register Early!

Pre-Register at Stow Parks & Recreation Department

Fitness & More Programs

On-Going Programs & Classes for Active Senior Adults

Beginner Line Dancing



Beginner's Line Dancing is a great way to exercise, build a better memory and have an enjoyable social time. Join instructor, Nanette Wroe as she shows you "step-by-step" how to line dance in this fun class.

Learn the Electric Slide, Stray Cat Strut, Cab Driver and many more engaging beginning level dance routines.

Weekly Drop In Classes

Tuesdays, 3:15pm
Stow Senior Center

\$3.00 per class paid to instructor
(correct change please)

Indoor Walking

Enjoy the healthy benefit of walking without the worry of weather!



Thank you to our friends at:

Fishcreek First Church of Nazarene
4669 Fishcreek Road
Monday-Thursday 9:00am-11:30am

Brain Games Puzzles & Games



Program Partners:
Danbury Senior Living
& The Landing of Stow

First & Third Thursdays
1:00pm No Fee

Drop In Stow Senior Center

Emphasis is always on Fun! Join this entertaining and thought provoking workout to maintain your brain! Those who engage in stimulating mental activities and social interaction benefit in retaining mental cognition plus enjoy a healthy outlook on life!

First Thursdays - Puzzle Play
with Bob Pontius
- Danbury Senior Living

Third Thursdays - Game Play
with Susan Dietz
- Brookdale Senior Living Solutions



Sr. Cardio Circuit

Tuesdays / 9:15am Mya Burroughs

Aerobic intervals designed to burn fat are alternated with the use of weight/bands in order to sculpt and strengthen. This is a proven combination to sculpt & strengthen. Classes are designed to fit the beginner to the advanced student.



Individuals new to fitness programs are encouraged to come and observe a class at no cost.

Seated Yoga

Tuesdays 10:15 am Mya Burroughs

Yoga exercises while seated in chair - no floor work.
Increase strength and flexibility.

Senior Fitness Classes Held at
Stow Senior Center

Sr. Fitness Class Fees:

*Silver Sneakers Members may participate at No Cost w/ Health Card
Non-Silver Sneakers members may purchase a punch card \$10 for 5 classes*

Senior Stretch

Thursdays 9:15am Jen Caldwell

Yoga like exercises to increase your mobility, strength and balance. Exercise while seated or standing near chair - no floor work.

Balance & Stability

Thursdays 10:15am Jen Caldwell

Use of small hand weights & tubing as you work out to music. Designed to promote muscle strength, increase flexibility, balance & range of motion both seated or standing.

All exercise classes are very friendly and social.

AARP Driver Safety Program



Cars have changed. So have traffic rules, driving conditions and the roads you travel every day. Learn techniques on how you can safely operate your vehicle in an increasingly challenging environment.

Plus many insurance companies will give a discount with completion of course.

Video instruction & discussion only.

Pre-Register Limited Seating
Friday, May 24 9:00am-1:00pm

Stow Senior Center

Fee: AARP members \$15

Non AARP-Members \$20

Pay with Check to AARP at Class

Call Stow Parks & Recreation to register
Payment at class with Check to AARP

Stow Pickleball



Adell Durbin Park
3300 Darrow Road

Pickleball is a fast-paced competitive yet social game that is played with a paddle and a plastic ball on a court half the size of a tennis court.

Stow's Pickleball program is a registered program for Active Older Adults 55+

A limited number of players will be enrolled. Register early!

Tuesdays & Thursdays
6:00pm-8:00pm May-October

Weather Permitting

Player Fee \$10/person **Full**

Pre-register at: Stow City Hall
Stow Parks & Recreation Dept.
330-689-5100

Recreation Programs & Health Services

On-Going Programs & Classes for Active Senior Adults

Senior Bowling

League Play

Thursdays 9:30am



Sto Kent Entertainment Center
3870 Fishcreek Rd Stow

330-673-1718

Fee: \$8.00 / 3 games

New Players & Subs Welcome

League Coordinator: Jack Garner

Subs Are Always Welcome!

Bowling Banquet Thursday, May 2

Senior Bingo

at Stow Senior Center



Second & Fourth Thursdays

of each month Games begin at 1 pm

\$1 / (3 card) packet for all 10 games

All money taken in is
paid out as prizes

Digital Board displays past numbers

Window Slide Bingo cards provided

Foot & Nail Care

Everyday Divinity Foot Care

Mon., May 6 & Mon., June 3

9:00am-1:00pm by appointment only



Toenail trimming & filing
+ callus reduction performed
by a Certified Foot Care Nurse.
An assessment of the lower legs
& feet will be done as well.

Individual Foot Care Sessions
are \$30.00 check or cash only.

Please call: Jen Vanek, RN BSN,
CFCN, owner/operator of EDNEO, LLC
to schedule an appointment call:
(216) 956-0293

Home visits are also available.

Dominoes Mexican Train



Come learn to play.

Enjoy good company!

Second & Fourth Tuesdays

of each month 12:30 pm

Drop In / No Fee

Senior Cards Wednesdays 11:00am - 4:00pm

Euchre / Crown 5 / 500 / Spite & Malice / Poker
Phase 10 / Pinochle & more!



Stow Senior Center Open to all Senior Adults

A variety of card games are played. Drop in - No registration required.

Health Screenings

Sponsored by Our Friends at: Stow
Glen Retirement Village



No Appointment Required - No Fee

at Stow Senior Center

Second Thursday of each month

12:00pm - 1:00pm

Blood Pressure & Glucose Screens

Finger stick - No fasting required.

Hearing Health



Ascent Audiology & Hearing

June 17 10:00am - 12:00pm

by appointment

at Stow Senior Center

Christopher Witten AuD, CCC-A,
a local licensed audiologist, will
meet with you individually for
questions and screen you for
any hearing related concerns.
Plus if needed, removal of wax
build up and inspection and
cleaning of hearing aids.

No Fee - Appointment required

by calling: Ascent Audiology
330-688-1172



Mah Jongg

First & Third Tuesdays

Game play start: 12:30pm

Stow Senior Center

Drop in play for individuals
familiar with the game. - No Fee

Stow Blanketeers



A volunteer group which creates
& donates blankets to local
charities. Open to all who enjoy
knitting, sewing or crocheting or
those who would like to learn!

Donations of Yarn appreciated!

Contact: Margrit 330-677-5511

Oregon Trails Lodge

2913 Graham Rd

Second & Fourth Wednesdays

1:00 pm - 3:30pm

Chair Massage

with Sue Petrof, LMT
Licensed Massage Therapist

Massage is credited with
reducing pain and allowing
deep relaxation.

A chair massage focuses
on the neck, shoulders
and back only
while fully clothed.

Make an appointment
\$15 for a 15 minute
chair massage

No need to kneel on knees.



Second Friday of Month:

(May 10 & June 14)

mornings by Appt.

at the Stow Senior Center

For Appointments Call:

Sue Petrof, LMT 330-414-8882



Stow Community Garden

Stow Community Garden

Come Grow with Us!
Garden Plots available

Garden Location: 5027 Stow Road

Open Registration for New Gardeners
& to Switch Plots

Saturday, May 11 9:00am - 10:30am

Registration at Stow City Hall 3760 Darrow Road

\$8.00 10' x 20' Garden Plot \$16.00 20' x 20' Garden Plot

Stow Senior Citizen Commission



Members appointed by the Mayor, advise the city administration on concerns or issues that affect the everyday lives of Stow senior citizens.

Next Meeting: **Stow Senior Center**
Tues, May 21 7:00pm
Tammy Denton, Chairperson

If you have an issue / idea on city policies, practices or infrastructure that you feel would benefit the lives of senior adults.
seniorcommission@stow.oh.us

Care & Share



A volunteer craft group who assist local organizations through the creation of stuffed dolls and other handicrafts.
New material donations accepted

Meet the Last Monday of the following months:

January - April
August - October
1:00 pm - 3:00pm

Stow Senior Center
3968 Darrow Road

Senior Services Assistance Ask a Social Worker

Many individuals and families struggle with questions about social service needs or concerns due to lifestyle changes as they age.

The Stow Senior Center partners with **Altercare Western Reserve** to provide access to a licensed Social Worker to answer your concerns or direct you to available local or county services.

Questions on: In Home Services / Medicare / Home Delivered Meals / Respite/Hospice Care / Utility Assistance & other topics of concern.

Contact: Randi Kassan

Alter Care Western Reserve (Stow)
234-284-7999

Notary Services

No Appointment Required - No Fee

Monday - Friday 8:00am - 4:00pm
at **Stow City Hall**

Bring all documents & a legal form of identification to have your documents notarized.



The Stow Sunshiners

are an active social group of senior adults who invite you to become a member of their group. Enjoy a monthly catered luncheon with entertainment and good fellowship! Stow Sunshiner's President: Diane Dias

Monthly Luncheon is held the 1st Monday of Month (*Holiday, 2nd Mon.)

at Cedar Hall of the Stow Glen Retirement Village 4285 Kent Road Stow (Parking Cedar Hall & Birch Hall areas)

Sunshiner Membership Information: Must be a resident of Stow or a contiguous city & have attended two luncheons.

Pay Annual Membership fee of \$5.00 Member Fee is used for Monthly Luncheon speakers & entertainment.

Stow Sunshiner Membership & Luncheon Reservations/Ticket Information:

Pre-reservation with payment is required Luncheon COST: \$8.00 to Stow Sunshiners

Mail payment to: 4836 Algonquin Trail, Stow 44224 c/o Marlene Holderman 330-686-1632



Monday, May 6 - 12:00pm

Menu: Meatloaf, Baked Potat w/ sour cream, Oven roasted Zuchini & Squash, Dessert & Beverage

Entertainment: *Sara & The Ukulele* Sara Beth Lowe

Monday, June 3 - 12:00pm

Menu: Spaghetti & Meatballs w/ Parmesan Cheese, Garlic Toast, Veggie Blend, Dessert & Beverage

Speaker: *Southern Gospel Music* The Old Spice Girls

Birthday Wishes: If you wish to be eligible for a Birthday gift at the Stow Sunshiners' Monthly Luncheon

- Follow these steps - * Sunshiner Membership dues are currently paid. \$5.00 yearly membership fee

* Place Your Name at the bottom of the previous month's attendance sheet or

* Call: John Gretsinger 330-688-0052 the Month Prior to Your Birthday month. *No reservations accepted luncheon day.

Thank You to our Sunshiner Luncheon Birthday Gift Sponsors:

- Baumann's Florist
- Bellacino's
- Café in Stow
- Dairy Queen Fishcreek
- Dairy Queen - Portage Trail
- Eddy's Deli & Restaurant
- Isaly's II
- Oregon Corners Florist
- Rockne's - Stow
- Silver Lake Florist
- Stow Cone
- Stow-Glen Retirement Village
- 2 Girls Café & Bakery

Sunshine Lady



The Stow SUNSHINERS want to cheer, lend comfort & support to other Sunshiner members in need. Please contact Ellie Smith 330-688-7938 to inform her when a Stow Sunshiner member is ill or has suffered a loss.

Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:00am Cards	2 9:15am Sr Stretch 9:30am Bowling @SKB 10:15am Sr Balance 12pm Health Screens 1:00pm Brain Games 6:00pm Pickleball	3  1:00pm Bunco Party	4
5	6 12pm Sunshiner Luncheon @ Stow Glen Retirement Village Foot Care Appointments	7 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Mah Jongg 3:15pm Line Dancing 6:00pm Pickleball	8 11:00am Cards 12n Trip: Million Dollar Quartet 1:00pm Blanketeers	9 9:15am Sr Stretch 9:30am Bowling @SKB 10:15am Sr Balance 1:00pm Bingo 6:00pm Pickleball	10 Chair Massage Appts  12n Wheel of Fortune Luncheon @SSL	11 9:00am Community Garden Open Registration @City Hall
12 11:30am Trip: A Bronx Tale	13 4:30pm  Popcorn Movie	14 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Dominoes 3:15pm Line Dancing 6:00pm Pickleball	15 11:00am Cards	16 9:15am Sr Stretch 9:30am Bowling @SKB 10:15am Sr Balance 1:00pm Brain Games 6:00pm Pickleball	17 9:00am  Bfast Buddies	18
19	20 10:30am Lunch Bunch	21 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Mah Jongg 3:15pm Line Dancing 6:00pm Pickleball 7:00pm Senior Commission	22 10:30am Lunch Bunch 11:00am Cards 1:00pm Blanketeers	23 9:15am Sr Stretch 9:30am Bowling @SKB 10:15am Sr Balance 1:00pm Bingo 6:00pm Pickleball	24 9:00am  Driver Safety Program	25
26	27 	28 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Dominoes 3:15pm Line Dancing 6:00pm Pickleball	29 11:00am Cards	30 9:15am Sr Stretch 9:30am Bowling @SKB 10:15am Sr Balance 3:00pm Trip: Brew Crew 6:00pm Pickleball	31 5:30pm  Pizza Party & Game Night	

Most Programs are held at Stow Senior Center at 3968 Darrow Road

- Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road

*SSL = Silver Springs Lodge 5027 Stow Rd

*Bus Trips & Lunch Bunch Depart: Stow City Hall 3760 Darrow Rd

*OT = Oregon Trails 2913 Graham Rd

*HB = Heritage Barn 5238 Young Rd

*SGRV = Stow Glen Retirement Village 4285 Kent Rd

*SKB = Sto-Kent *SKB Stow Kent Entertainment Bowling Lanes Fishcreek Rd

Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	<p>3</p> <p>12:00pm Sunshiner Lunch @ Stow Glen Retirement Village</p> <p>Foot Care Appointments</p>	<p>4</p> <p>9:00am Trip: Crocker Park</p> <p>9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Mah Jongg 3:15pm Line Dancing 6:00pm Pickleball</p>	<p>5</p> <p>11:00am Cards</p>	<p>6</p> <p>9:15am Sr Stretch 9:30am Bowling @SKB 10:15am Sr Strength</p> <p>1:00pm Brain Games</p> <p>6:00pm Pickleball</p>	<p>7</p> <p> 1:00pm Bunco Party</p>	8
9	<p>10</p> <p>5:30am Dinner Bunch</p>	<p>11</p> <p>9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes</p> <p>3:15pm Line Dancing 6:00pm Pickleball</p>	<p>12</p> <p>11:00am Cards 1:00pm Blanketeers @OT</p> <p>5:30am Dinner Bunch</p>	<p>13</p> <p>9:15am Sr Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12pm Health Screens</p> <p>1:00pm Bingo 6:00pm Pickleball</p>	<p>14</p> <p>Massage Appts</p>	15
16	<p>17</p> <p>Hearing Health Appts</p> <p> 10am Craft Project</p>	<p>18</p> <p>9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg</p> <p>3:15pm Line Dancing 6:00pm Pickleball</p>	<p>19</p> <p>11:00am Cards</p>	<p>20</p> <p>9:15am Sr Stretch 9:30am Bowling @SKB 10:15am Sr Strength</p> <p>1:00pm Brain Games 6:00pm Pickleball</p>	<p>21</p> <p> 9:00am Bfast Buddies</p> <p>12:00pm Hollywood Dancers Luncheon</p> <p></p>	22
<p>23</p> <p>1:00pm Trip: Porthouse Man of La Mancha</p>	<p>24</p> <p>Retirement Only Means That it is ❤️ Time for a New Adventure</p>	<p>25</p> <p>9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes</p> <p>3:15pm Line Dancing 6:00pm Pickleball</p>	<p>26</p> <p>11:00am Cards 1:00pm Blanketeers @OT</p>	<p>27</p> <p>9:15am Sr Stretch 9:30am Bowling @SKB 10:15am Sr Strength</p> <p>1:00pm Bingo 6:00pm Pickleball</p>	28	29

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*SGRV = Stow Glen Retirement Village 4285 Kent Rd

*SKB Sto-Kent *SKB Stow Kent Entertainment Bowling Lanes Fishcreek Rd



Million Dollar Quartet
Hanna Theatre
Cleveland

Carl Perkins, Johnny Cash, Elvis Presley and Jerry Lee Lewis found themselves in a Memphis recording studio. Step back and enjoy the powerhouse performances that resulted from this historic jam session.

Date: Wed., May 8 **Fee** \$34.00
Depart: 12:00pm **Return:** 5:00pm

Crocker Park: Shop & Eat
Westlake



Food trucks are quite the rage. Visit one of many set up to purchase lunch or choose a sit down meal at a restaurant.

Enjoy your additional time at the shops before we head for home.
Date: Tues., June 4 **Fee** \$13.00
Depart: 9:00am **Return:** 3:30pm

Cleveland Orchestra at Blossom Music Center



Great music, fireworks, and fun for the whole family for the 50th anniversary of the Blossom Festival Band! Blossom's traditional, star-spangled celebration features a mix of patriotic Sousa marches, Broadway favorites, a Patriotic Salute, concluding with fireworks! Seats under the roof.

Date: Weds., July 3 **Fee** \$27.00
Depart: 7:00pm **Return:** 11:30pm



A Bronx Tale
Playhouse Square
Cleveland

A coming of age story of an Italian-American boy, who after encountering a local Mafia boss, is torn between the temptations of organized crime and the values of his honest, hardworking father. Set in the 1960's New York borough of the Bronx a timeless tale of good versus evil.

Date: Sun., May 12 **Fee** \$73.00
Depart: 11:30am **Return:** 4:30pm

Porthouse Theatre
Summer Musical Theatre



All Porthouse Trips

Depart: 1:00pm **Return:** 4:30pm
Fee: \$29.00 / production



Man of La Mancha Sun., June 23

Powerful, hilarious & heartbreaking a story of Don Quixote & Sancho Panza.

Tintypes Sun., July 14

A collection of Americana Music. Songs of days gone that you know by heart.

The Music Man Sun., August 4

Funny and romantic, the story of Harold Hill the fast talking salesman who tries to cheat the folks of River City

Brew Crew Akron
Akronym & Lock 15 Brewing



Microbreweries have swept the nation! Join us as we visit a couple of locally owned and run microbreweries. At Akronym Brewing we will participate in some tastings (included). Additional tastings are optional at Lock 15 Brewing Co. where we will be eating dinner (additional).

Date: Thurs., May 30 **Fee** \$21.00
Depart: 3:00pm **Return:** 7:30pm

Dear Evan Hansen
Playhouse Square

Tony Award Winning
Best Musical!

A deeply personal and profoundly contemporary musical about life and the way we live it. Evan Hansen is about to get everything he always wanted... a chance to finally fit in. This show has received rave reviews.

Date: Sun., June 30 **Fee** \$93.00
Depart: 11:30am **Return:** 4:00pm

Tall Ships - Cleveland Nautica Queen



An amazing opportunity to view the Tall Ships as they return to Cleveland. We will get to see them onboard the Nautica Queen as we enjoy a buffet lunch (included). Bring your camera as we have the best seat on Lake Erie!

Date: Sat., July 13 **Fee** \$51.00
Depart: 9:00am **Return:** 3:00pm



Come From Away
Playhouse Square

A true story of the small town in Newfoundland that welcomed the world. During the attacks of 9-11 airplanes were diverted from the air, The small town of Gander, Newfoundland welcomed 7,000 stranded airline passengers. September 11, 2001 was a dark day but light was finally seen in gratitude and friendships.

Date: Sat., July 20 **Fee** \$72.00
Depart: 11:30am **Return:** 4:00pm

Program / Refund Policy: Stow Parks & Recreation Department

Bus Trips are open to all ages.

Children under 18 must be accompanied by an adult.

Pre-registration is required & full payment is due upon registration. No Holds

No credits or refunds are issued within 7 days of a program or trip due to change in personal schedule, illness or schedule conflict.

Refund requests may be granted if made in writing at least seven days prior to a trip or program only if no expenses/ticket purchases have occurred.

A \$5 processing fee is applied to all refunds made seven days prior to program.

Individuals may always find a replacement for their reservation if unable to attend - Please inform the office of name change.

A full refund is given if the Stow Parks & Recreation Department must cancel a trip due to low enrollment or unforeseen circumstances.

Special Assistance: Please let us know at registration if wheelchair seating is required.

Bus departs - Stow City Hall 3760 Darrow Road unless otherwise noted.

Return times are approximate, please allow for additional time.

Trips include transportation and admissions (meals are not included unless noted).





Stow Senior Adult Programs
May - June 2019
Stow Parks & Recreation Department
3760 Darrow Road Stow, OH 44224
330-689-5100
Website: www.FunInStow.com

PRE-SORTED
 STANDARD
 U.S. POSTAGE
 PAID
 CUYAHOGA FALLS, OH
 PERMIT NO. 501

Return Service Requested

Dated Material

Stow Senior Center
 3968 Darrow Road (330) 686-1325
 *Facility is open only during scheduled senior programs.
 *Program Registrations are taken at:



Stow Parks & Recreation
 3760 Darrow Road (Stow City Hall)
 Monday-Friday 8:00am - 4:00pm
 Program Info: 330-689-5100

Stow Senior Programs are coordinated by the Stow Parks & Recreation Department and are open to active Senior Adults 55+
 Pick a program that interests you & jump in!



Call Stow Parks & Recreation Department at: 330-689-5100 to be added to the **Stow Senior Newsletter** mailing list. Additional program flyers and bus trips are posted on the **Stow Parks & Recreation website at: www.FunInStow.com**
 Look under: Senior Adult Programs

Upcoming Programs...

Wheel Of Fortune Luncheon pg. 2



Stow Striders Hiking Group pg. 2




Great Hollywood Dancers Luncheon pg. 3



Fitness, Bus Trips, Cards & More!

Program Cancellations



Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees.

If you must cancel your registration due to any reason including illness, appointments or change of personal plans... If requested in writing at least 7 days prior to the program you will be granted a full credit (only if no tickets/supplies have yet been purchased) or a refund by check less a \$5 processing fee.

Any cancellations within 7 days of the activity Do Not receive credit or refund. You may always allow someone to take your place in the program.